



spa  
twenty six

advanced skincare  
beauty  
relaxation

0141 629 2830  
[www.SpaTwentySix.co.uk](http://www.SpaTwentySix.co.uk)



# Welcome to Spa Twenty Six

Visit our luxurious day  
spa to experience the  
very finest in;

## **Advanced Skincare**

Elemis Facials  
Ellipse IPL Skin Rejuvenation  
Elemis Biotec Facials  
CACI Non-Surgical Facials

## **Beauty**

Ellipse IPL Hair Removal  
CACI Body Treatments  
Nail Bar  
Spray Tanning  
Eye Treatments  
Waxing  
Make-Up

## **Relaxation**

Spa Day Packages  
Elemis Body Treatments  
Massage Therapy  
Holistic Treatments



Angel Room



Relaxation Lounge



Thai Room



The Spa Shop

**Your Visit...** Our premises offers free off-street parking facilities & is designed to allow disabled access. Please arrive at least ten minutes prior to your appointment time to allow you to relax & unwind in advance.

**Your Treatment...** We pride ourselves in ensuring maximum quality & duration of treatments. Be pampered in our luxurious treatment rooms then enjoy refreshments in the tranquillity of our **Relaxation Lounge**.

**After Care...** Drink plenty of fresh water to rehydrate yourself after your treatment. Following a waxing treatment, it is advisable to avoid direct sunlight, heat treatments & perfumed body preparations for 24 hours.

**Couples Room...** Most of our treatments are available on a dual basis, where in the comfort of one of our more spacious treatment suites, you and a friend or loved one can relax and be pampered together.



NON-SURGICAL SOLUTIONS

## Advanced Skincare

**Personal Consultation** ..... **Free**

Includes a full skincare analysis.

**Personal Consultation with Prescription Facial** ..... **£30**

## Ellipse Intense Pulsed Light (IPL) Therapy



Ellipse Intense Pulsed Light (IPL) therapy reduces blemishes and pigmentation. It also improves skin texture and appearance without the discomfort of injections experienced during similar procedures.

### Pigment Removal

Small Area (eg. 1p piece) ..... **£40**

Medium Area (eg. back of hand) ..... **£50**

Large Area (eg. full face) ..... **£70**

### Thread Vein Removal

One Vein ..... **£40**

Small Area (eg. nose) ..... **£50**

Medium Area (eg. cheek) ..... **£70**

Large Area (eg. cheek, nose and forehead) ..... **£90**

### Acne Treatment

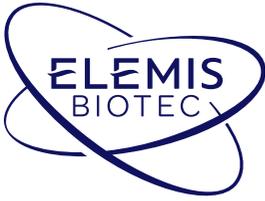
Combination therapy in conjunction with doctors' referral. *Price on consultation.*

### Skin Rejuvenation

Cheek Area ..... **£20**

Face Area ..... **£90**

Full Face and Neck Area ..... **£165**



## “The Unique Fusion of Actives Touch & Technology”

Join the revolution in facials: effective, results driven treatments that herald a turning point in beauty therapy.

### Elemis Biotec Facials

Elemis BIOTEC delivers 8 NEW highly-effective, super-charged facial treatments to re-boot cellular performance, enhancing the skin’s ability to repair, renew and re-tone. Revealing a new generation of facials, each treatment targets specific skin needs to deliver immediate, visible, long-lasting results.

The skin’s unique bio-chemistry is constantly compromised. Lifestyle, sunlight, stress, age, illness and medication cause a breakdown in cellular energy and communication, resulting in a weakened skin structure, stressed and unbalanced skin. Unresponsive cells need NEW STIMULI to help re-boot cellular performance and re-establish effective cell communication, enhancing the skin’s ability to repair, renew and re-tone. After in-depth studies and research, Elemis found that by combining a unique synergy of 3 targeted STIMULI – TOUCH, TECHNOLOGY and ACTIVES, it was possible to deliver immediate, visible and longer-lasting results.

Unique to the BIOTEC facials are 8 high-potency activators. Each intensive complex of powerful plant actives, peptides, anti-oxidants

and essential oils are expertly formulated to provide the catalytic power behind the facials and penetrate deep into the skin.

Hydra-Active Gel Masks for the face and eyes deliver super-hydration and a luxurious Amber Massage Balm stimulates specific skin responses for maximum results.

- 30 min session .....£45
- 60 min session ..... £75





## Elemis BIOTEC Facials

Delivered in 30 or 60 minutes, each BIOTEC facial combines a unique high-potency activator and specially designed Elemis Skin Lift Touch. Using the power of hands-on therapy, the Skin Lift Touch softens and prepares the skin. Significantly improving skin function, it enables it to convert energy from each technology and “receive” the actives more effectively, whilst re-balancing the skin’s micro-flora.

### Triple-tec Anti-Wrinkle Facial

The ultimate wrinkle-smoothing facial to rejuvenate ageing skin.

### Micro Firm-a-Lift Facial

Super-lift facial to help firm and tighten cheeks, neck and jaw line

### Sonic Skin-Resurfacing Facial

Revolutionary resurfacing facial to even skin tone, reduce blemish marks and smooth fine lines.

### Sonic Skin-Radiance Facial

Radiance-boosting, bio-electric facial to energise tired, dull and stressed skin.

### L.E.D. Blemish Control Facial

Deep cleansing, light therapy facial to visibly clear and re-balance oily, blemish prone skin.

### O2 Sensitive Skin Soothing Facial

De-sensitising anti-redness facial, to soothe and calm a delicate skin

### Super-Charge Facial for Men

High performance facial for men to de-grease, de-age and calm a stressed, dehydrated skin

### Sonic White Brightening Facial

Super-effective and designed for all ages and ethnicities. Skin is left brighter and naturally more even and visibly illuminated.

## Elemis Facials

**Elemis Advanced Facials** (1 hr 15 mins) ..... **£70**

### Pro-Intense Lift Effect Facial

Powerful lifting techniques targeting sagging jowls, cheeks, chin and neck for the ultimate lift effect

### Pro-Collagen Quartz Lift Facial

Achieve a firmer and more youthful looking skin.

### Visible Brilliance Facial

Rejuvenates and plumps skin whilst reducing dark circles.

### Tri-Enzyme Resurfacing Facial

Targets blemishes, uneven skin tone, superficial scarring and fine lines.

### White Brightening Facial

Illuminates and brightens for a naturally more even complexion

## Elemis Facials

### Elemis Skin Specific Facials

(1 hr) .....£55

#### Fruit Active Glow

To boost dull, lifeless complexions.

#### Exotic Moisture Dew

To rehydrate dry skin.

#### Herbal Lavender Repair

To restore skin balance.

### Elemis Skin Solutions Facials

(1 hr 15 mins) .....£65

#### Oxygen SkinCalm Facial

The perfect soothing solution for sensitive, stressed or irritated skin.

#### Modern Day Skin Facial

Designed for skin challenged by modern living through, rebalancing and renewing skin.

#### SOS Purifying Spa Facial

A purifying treatment for congested skin that helps calm irritation and rebalance oil rich pores leaving a beautiful matt complexion.

## Spa Twenty Six Facials

### Aromatherapy Facial

(45 mins) .....£38

### Rose Quartz Facial

(1 hr) .....£45

## CACI Facials

### CACI Non Surgical Face Lift

Half Face Demo (1 hr) .....£30

Single Session (1 hr) .....£45

Course of 10 Treatments .....£390

CACI Quantum restores and re educates sagging facial muscles, tightness and redefines facial contours while stimulating collagen production to reduce lines and smooth skin tone.

### Super CACI Non Surgical Face Lift

(1 hr 15 mins) .....£55

The Super CACI devotes more time to muscle toning techniques for an extra lift. Recommended for mature skins and as monthly maintenance after a course of CACI treatments.

### CACI Non Surgical Eye Lift

(30 mins) .....£27

An intensive rejuvenating and lifting treatment for the eye and brow area.

### CACI Hydratone Facial

(30 mins) .....£27

The CACI Hydratone is a treatment specifically developed to provide immediate and intensive skin hydration and face firming.

### CACI Jowl Lift

(30 mins) .....£27

An intensive treatment designed to lift, firm & redefine facial contours, specifically designed to target muscles around the jaw line

# Beauty Treatments

## Eye Treatments

**Brow Shape** (wax, tweeze or threading) .£7

**Eyebrow Tint** ..... £7

**Eyelash Tint** ..... £12

**Eye Trio** (all of the above) ..... £21

*(A patch test is required for tinting at least 24 hours before the first appointment)*

## Semi-Permanent Lashes

**Lashes** ..... £50

**Infills** ..... £25

## Express Party Lashes

**Full Set** ..... £15

**Per Lash** (each) ..... £1

## Spray Tanning

**Full Body** ..... £15

*(Clients are advised to exfoliate thoroughly prior to body bronzing appointments)*

## Nails

**File and Polish** ..... £10

**Manicure** ..... £20

**Pedicure** ..... £24

**Luxury Manicure**..... £28

**Luxury Pedicure** ..... £30

*(French Polish for any of the above add £2)*

## Nail Art

**Free Hand** (per nail) ..... £0.50

**Gem** (per nail) ..... £0.50

## Calgel Nail System

**Extension** (with file and cuticle work) ...£32

**(With Glitter)** ..... £34.50

**Overlays** ..... £26.50

**(With Glitter)** ..... £27.50

**Overlays Fingers and Toes** ..... £50

**Infills** ..... £21.50

**Soak Off** (As part of reapplication) .. £3.50

## Shellac CND

14 day wear, mirror finish, zero dry time, no nail damage!

**Gel Overlay** ..... £20

**Fingers and Toes** .....£35

## Acrylic Nails

**Tip Extension** ..... £30

**Sculpted Extensions** ..... £34.50

**Infills** ..... £22

**Soak Off & Manicure** .....£20

**Colour Gel Top Coat** .....£10

## Nail Maintenance

**Nail Repair** (per nail) ..... £3

**Soak Off and Mini-Manicure**

*(essential for gentle removal of Calgel and Shellac nails)* ..... £10

**Extension Soak Off** ..... £10



\* Treatment Courses available from six to ten sessions

# Elemis Body Treatments



## Elemis Deep Tissue Muscle Massage

(1 hr) ..... **£60** (30 mins) ..... **£35**

Alleviate stress, ease aching muscles and revive the senses with a powerful, customised massage using dynamic blends of essential oil.

### Choose from:

#### Stress-a-Way

Wind down and release the tension of the day.

#### Spirit Reviver

A powerful surge to invigorate and recharge.

#### Muscle Melt

Relax and re energise a tired and aching body.

#### Chakra Balancing

Reconnect mind, body and soul.

**Elemis Body Wraps (1 hr) ..... £50**

Let thoughts drift away whilst cocooned in a comforting wrap and be treated to a pressure point facial massage and destressing scalp treatment.

### Choose from:

#### Exotic Frangipani Body Nourish Wrap

An exotic treatment which drenches the skin with moisture to provide radiance, vitality and an all over body glow.

#### Cellutox Aroma Spa Ocean Wrap

A detoxifying blend of marine elements to relieve the discomfort of fluid retention and refine the appearance of cellulite.

#### Muscle Aroma Spa Ocean Wrap

Powerful seaweed wrap for complete muscle relaxation.

**Elemis Salt Glow (30 mins) ..... £35**

### Choose between Lime and Ginger or Frangipani

A luxurious body exfoliating ritual that gives a flawless finish to all skin types. A wonderful treat in itself, this is also an ideal prelude to any Elemis body treatment.

**Face and Body Sensation (1 hr) ..... £55**

Experience the perfect Elemis duo, a sensational massage combined with a prescribed booster anti-ageing facial. Choose between an 'ice-cool thermal' massage or a 'thermal-soothing' massage.

**Elemis Body Sculpting Cellulite and Colon Therapy (1 hr) ..... £55**

Targeting cellulite and sagging skin, a combination of abdominal massage techniques and the proven Elemis Body Sculpting product range work to cleanse the body's systems, stimulate circulation and reduce fluid retention.

**Elemis Stone Therapy (1 hr 15 mins) ..... £65**

Warmed basalt stones are placed on key energy points allowing therapeutic heat to gently penetrate the muscles. Luxuriously warmed oils are then massaged deeply into the body for maximum relaxation.

## Elemis Nurturing Massage for Mother-to-be

(1 hr) ..... **£58** (1 hr 30 mins) ..... **£78**

This specialised treatment helps relieve tension in the back, alleviate swelling of hands and feet and relax and uplift mind and spirit. (1 hr 30 min session is recommended for your first treatment)

## Body Treatments

The following are available in	30 mins	45 mins	60 mins	90 mins
<b>Spa Twenty Six Massage</b>	<b>£30</b>	<b>£42</b>	<b>£49</b>	<b>£70</b>

A truly holistic massage personalised to suit the current physical, mental and emotional needs of the individual client. *(30 min back, neck & shoulders massage also available for £30)*

<b>Indian Head Massage</b>	<b>£30</b>	<b>£42</b>	<b>£49</b>	<b>£70</b>
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A gentle but stimulating massage of the face, scalp, neck and upper back to relax and revive.

<b>Aromatherapy</b>	<b>£32</b>	<b>£44</b>	<b>£52</b>	<b>£71</b>
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A gentle massage incorporating the healing properties of essential oils to relax the body and calm the mind. Oils are blended to meet the individual needs of the client.

<b>Tropical Massage</b>	<b>£32</b>	<b>£44</b>	<b>£52</b>	<b>£71</b>
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A glorious full body massage taking body, mind and senses on a heaven scented journey. Choose from an exotic range of infusions, unique to the shores of the Fijian Islands.

<b>Hot Stones Massage</b>	<b>£35</b>	<b>£49</b>	<b>£55</b>	<b>£79</b>
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A therapeutic massage using heated natural basalt stones and warmed oils to release muscular and emotional tension.

## Holistic Treatments

### **Crystal Therapy**

<i>(1 hr)</i> .....	<b>£45</b>
<i>(30 mins)</i> .....	<b>£30</b>

The placement of crystals on and around the body to allow absorption of their therapeutic and healing energies.

### **Gemstone Energy Massage**

<i>(1 hr)</i> .....	<b>£45</b>
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A massage using gemstones and crystals to balance electromagnetic energy in the body.

### **Reiki**

<i>(1 hr)</i> .....	<b>£45</b>
<i>(30 mins)</i> .....	<b>£30</b>

To release energy blocks and restore balance to mind, body and spirit.

### **Reflexology**

<i>(1 hr)</i> .....	<b>£45</b>
<i>(30 mins)</i> .....	<b>£30</b>

The application of pressure to reflex points of the feet to bring balance and harmony to corresponding parts of the body.

### **Lymphatic Drainage** .....

**£45**

A gentle body treatment that relaxes the nervous system, helps drain metabolic waste, reduces puffiness and swelling and revitalises the body.

### **Ear Candling**

<i>(45 mins)</i> .....	<b>£35</b>
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A therapeutic treatment for the ears which can relieve wax build up, sinus problems, headaches and sore throats; is followed by a pressure point facial massage.

## CACI Body Treatments

The CACI Quantum System not only produces amazing results on the face, but allows you to receive a total body toning experience. The treatments stimulate the metabolism to break down fat cells while tightening and toning sagging muscles.

**Single Session (30 mins).....£25    Course of 10 Treatments .....£200**

<b>Bust Lift</b>	<b>Cellulite Treatments</b>	<b>Lymphatic Drainage</b>
<b>Buttock Lift</b>	<b>Stomach Tone and Tighten</b>	<b>Hand Treatments</b>

## Hair Removal

Ellipse Intense Pulsed Light (IPL) therapy uses short, safe bursts of light emitted from a flash lamp to permanently reduce hair from the body.



	<b>Hot Wax</b>	<b>Waxing</b>	<b>IPL Single Session</b>	<b>IPL Course of 6 Sessions</b>
<b>Half Leg</b> .....		<b>£15</b>	<b>£90</b>	<b>£450</b>
<b>Full Leg</b> .....		<b>£21</b>	<b>£175</b>	<b>£875</b>
<b>Half Arm</b> .....		<b>£10</b>	<b>£45</b>	<b>£225</b>
<b>Full Arm</b> .....		<b>£15</b>	<b>£85</b>	<b>£425</b>
<b>Underarm</b> .....		<b>£10</b>	<b>£40</b>	<b>£200</b>
<b>Bikini Line</b> .....	<b>£13</b>	<b>£10</b>	<b>£40</b>	<b>£200</b>
<b>Extended Bikini</b> .....	<b>£15</b>	<b>£12</b>	<b>£55</b>	<b>£275</b>
<b>Brazilian</b> .....	<b>£30</b>	<b>£25</b>	<b>£65</b>	<b>£325</b>
<b>Hollywood</b> .....	<b>£35</b>	<b>£30</b>	<b>£75</b>	<b>£375</b>
<b>Lip</b> .....		<b>£5</b>	<i>from</i> <b>£25</b>	<b>£125</b>
<b>Chin</b> .....		<b>£5</b>	<i>from</i> <b>£25</b>	<b>£125</b>
<b>Back</b> .....		<b>£18</b>	<i>from</i> <b>£100</b>	<b>£500</b>
<b>Shoulders</b> .....		<b>£10</b>	<i>from</i> <b>£40</b>	<b>£200</b>
<b>Chest</b> .....		<b>£12</b>	<i>from</i> <b>£40</b>	<b>£200</b>

**Hot Wax and Threading** ..... Pricing as per waxing above

**Waxing Package Half Leg, Bikini and Underarm** ..... **£30**



# SPA TWENTY SIX MAN

ESCAPE THE STRESS OF THE MODERN MAN

Whilst all our treatments are designed for both men and women, the treatments below are our most popular for our male clients.

## Gents' Prescription Facial

(30 mins) ..... £30

## Spa Twenty Six Massage

(1 hr) ..... £49

## Elemis Urban Cleanse Facial

(1 hr) ..... £55

## Elemis Advanced Facial

(1 hr 15 mins) ..... £70

## Super-Charge Facial for Men

(30 mins) ..... £45

(1 hr) ..... £75

Gents' Manicure ..... £16

Gents' Pedicure ..... £18

*(see body treatments for other massage therapy and holistic treatments)*

# Spa Twenty Six Packages

**Girls' Night In**  
..... **£30**

Spray Tan  
Party Lashes  
File and Polish (Fingers or Toes)

**Girls' Night Out**  
..... **£30**

Full Make-Up  
Party Lashes  
Or bring your own lashes £25

## Massage and Facial Packages

**Bronze** ..... **£35**

Swedish back, neck, shoulders massage  
and mini facial.

**Silver** ..... **£45**

Aromatherapy back, neck, shoulders  
massage and aromatherapy facial.

**Gold** ..... **£50**

Hot stone back, neck, shoulders massage  
and rose quartz facial.

**Stress Buster**  
(40 mins) ..... **£38**  
(1 hrs) ..... **£48**

### Choose two treatments from the following:

Back, neck and Shoulders Massage  
Invigorating Hand and Foot Massage  
Soothing Head and Scalp Massage  
Booster Facial  
Reflexology  
Crystal Therapy  
Gemstone Energy Massage

**Holiday Package**  
(1 hr 15 mins) ..... **£49**

Half Leg Wax  
Bikini Wax  
Eyebrow Wax and Tint

**Celebration Spa Day**  
(3 hrs) ..... **£99**

### Choose one 30 minute treatment:

Back, Neck and Shoulders  
Prescription Facial  
Indian Head Massage  
Leg and Foot Massage  
Rose Quartz Facial  
Perfecting Back Treatment  
Gemstone Energy Massage

### Followed by one hour treatment:

Indian Head Massage  
Aromatherapy Massage  
Mum-to-be-Massage  
Reflexology  
Skin Specific Facials  
Island Hydrating Wrap

### Lunch

Luxury Manicure **or** Luxury Pedicure

**Elemis Packages**  
(2 hrs) ..... **£115**

### Elemis Absolute Spa Ritual for Women

Elemis Advanced Facial Plus  
Elemis Deep Tissue Muscle Massage

### Elemis Total Time Out for Men

Anti-Ageing Elemis Skin IQ+ or Urban  
Cleanse Facial Plus  
Elemis Deep Tissue Muscle Massage

**Finally take advantage of our Relaxation Lounge with a complimentary drink.**

# Spa Twenty Six Information

## Treatment Bookings

If your appointment is one hour or more credit card details will be taken to secure your appointment. No charge will be made until you arrive, should you not arrive for your appointment you will be charged 50% of your treatment price.

## Cancellations

If you need to cancel you booking we ask for 48 hours' notice, any cancellations made after this time will be charged by 50% of your treatment price.

## Spa at Home

To continue with your treatments all products used in your visit are available to purchase from the Spa Shop. Your therapist will recommend how to get the optimum results from your home regime.

## Treatment Times

Consultations and skincare prescriptions are included in the treatment times listed.

## What to Expect

We ask that you arrive at least 15 minutes in advance of your appointment. If you have not visited the Spa within the last six months you will be required to complete a consultation card.



# Spa Twenty Six *Candles*

Handcrafted in Scotland

A range of luxurious hand poured scented candles, created to enhance any mood or setting, exclusively for you by Spa Twenty Six. Available from The Spa Shop and our Online Store.

Gel Candles from £15.00

Soya Candles from £14.00

Jam-Jar Candles from £2.95





advanced skincare  
beauty  
relaxation

for her • for him • for you

### Available at Spa Twenty Six;

Gift Vouchers to Suit all Occasions,  
♿ Accessible Entry and Free Parking.

### Opening Hours

Tuesday, Wednesday & Thursday

9.30am - 8.30pm

Friday

9.30am - 6.00pm

Saturday

9.00am - 5.30pm

Sunday & Monday

Closed



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